

RESIDENTIAL HOUSING COMMUNITIES

Maintenance Training - Series I Fitness Center



Safety first! Be sure and wear Personal Protective Equipment. Use the right tools and supplies and always refer to the SDS for proper chemical handling.

A fitness center should be cleaned at a minimum of once a day, and more often depending on the use. The following steps will assist you in providing a clean, sanitary, and odor-free environment for your active residents.



Before you begin cleaning, be sure to wear your Personal Protective Equipment. You will need gloves and safety glasses.



Empty all trash receptacles and replace the trash liners.



Proceed to cleaning the equipment. Always read the label instructions on each bottle to ensure proper use, or refer to the SDS for proper chemical handling. Spray a liberal amount of Turbo Kill disinfectant onto a clean microfiber cloth, and wipe down all areas of equipment where crosscontamination is a possibility.



Check Athletix Wipes dispenser and replenish when needed.



Replace the Purell hand sanitizer when needed.

Replace T-Cell Deodorizer Cartridges when needed.



Always replace your microfiber cleaning cloths as they become soiled. Using Turbo Kill disinfectant, spray and wipe all high contact surfaces like equipment, handrails, door handles, benches and any touch surface areas. The areas need to remain wet for 5 minutes in order to completely kill germs.



Using See Thru glass cleaner and a blue microfiber cloth, clean all glass, mirrors and equipment screens.



For isolated stains on carpet, spray a light mist of Oxy Citrus directly onto the spot.



If the fitness center has a rubber floor, use the T1 Scrubber (for hard surfaces), and for carpets, use an R3 Extractor.



Use a backpack vacuum and move in a sweeping motion. Keep the vacuum's nozzle aimed in a straight line away from you.



Press a clean cotton towel over the spot and allow the towel to soak up the stain. Repeat this process until the majority of the stain has been removed.



Periodically scrubbing hard floors with the T1, and extracting dirt from the carpet using an R3 extractor will extend the life of the surfaces. These processes will help keep the fitness center odor free.

Fitness Center Tool Kit Items



114304 Safe Blue cleaner



151804 Impact EES extraction cleaner



179132 See Thru glass cleaner



146032 Turbo Kill disinfectant



262235 9" Sprayer



164332 **Oxy Citrus** w/sprayer



258312 Spot Police



2641904 Purell Hand Sanitizer cartridge



299900 T-Cell Deodorizer Dispenser White

299914

T-Cell Deodorant



299903 T-Cell Deodorant T-Cell Deodorant Citrus scent

299912 Cucumber Melon scent



2641928 Purell Hand Sanitizer Dispenser



225558 & 225559 Microfiber Cloth Blue - glass Yellow - equipment



2637334 Safety Glasses



SP10-0185 carpet tool





MX202001 Back pack Vacuum Professional Choice

Poway, CA **Branch Sales** and Warehouse

13575 Gregg Street Poway, CA 92064 (800) 261-4456 or (858) 513-8286

Order your supplies directly from Maintex or visit us online at www.maintex.com





SP10-0184 Sidewinder Wet Floor sign Straight Wand

City of Industry, CA

13300 E. Nelson Avenue

City of Industry, CA 91746

(800) 446-1888 or (626) 961-1888

Corporate Headquarters, Manufacturing and Sales

Sidewinder





ATHLETIX



TE9004192 Tennant R3 Carpet Extractor